

NEWARK CCSD 66

Millbrook Junior High

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[www.newarkdistrict66.org](http://www.newarkdistrict66.org)

# Athletic/ Extra-curricular Handbook

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## **Philosophy**

The coaches and staff of Newark CCSD 66 believe a primary goal of sports is to build character while teaching the fundamentals of the game and/or activity. Our intent is to give all participants a chance to learn, participate, and compete at a level comparable to their skills. We believe sportsmanship is a core value and its promotion and practice are essential. Participants have an opportunity to develop into a cohesive unit, learn the value of teamwork, promote loyalty and school spirit, and teach leadership and sportsmanship skills.

It is our intention to teach your athlete the skills they need to continue onto the next level. This is accomplished through participation, practices, conference and non-conference games. Extra-curriculars are an extension of the curriculum. Academic work is our number one priority.

## **Athletics/Activities at MJH**

### **Boys:**

5<sup>th</sup> – 8<sup>th</sup> Soccer

5<sup>th</sup> – 8<sup>th</sup> Basketball

### **Girls:**

5<sup>th</sup>- 8<sup>th</sup> Volleyball

5<sup>th</sup>- 8<sup>th</sup> Basketball

### **Co-Ed:**

5<sup>th</sup>- 8<sup>th</sup> Cheerleading

5<sup>th</sup> – 8<sup>th</sup> Soccer

7<sup>th</sup> – 8<sup>th</sup> Scholastic Bowl

5<sup>th</sup> – 8<sup>th</sup> Speech

5<sup>th</sup> – 8<sup>th</sup> Track

### **Fees/Physicals:**

A sports fee of \$50.00 per sport must be paid prior to first practice.

Scholastic Bowl fee is \$25.00 for 2017

A yearly sports physical must be presented prior to the first day of practice for students to participate. A sports physical is now good for 395 days (13 months).

## **Eligibility Policy**

- Eligibility will begin to be calculated as soon as the student has received four (4) grades in a subject. Therefore, the first four grades at the beginning of a quarter are extremely important in establishing a passing average.
- After (4) four grades have been recorded and student's average is below 70%, they will be ineligible for the following week.
- If during their week of ineligibility, no additional grades are entered for that specific subject, the student will regain eligibility status for that specific subject the following week and remain eligible until additional grades are entered for that subject.
  
- Students that are ineligible for three (3) weeks during a season, consecutive or not, will be ineligible for the remainder of that season. At that time, all uniforms and other team equipment is to be returned to the coach/teacher.
- Any student that is ineligible for three (3) weeks will no longer be considered a member of the team and not eligible for any award connected with that activity.
- A weekly list of ineligible students will be provided to the coach/teacher on the last day of the school week. Classroom teachers will also inform students of their ineligibility. Students are responsible for finding out the reasons for their ineligibility and trying to remedy them as quickly as possible.
  
- Ineligibility begins at 12:01 a.m. Sunday and continues until 11:59 p.m. Saturday. If the ineligibility occurs over an extended school vacation, the ineligibility continues until school is back in session.
  
- During the week of ineligibility, students are not to participate in practices, games and/or any school scheduled athletic event.
  
- The student will be required to seek additional assistance from the teacher during resource time or before/after school, if parent transportation allows.
  
- A student will attend home games and sit with the team in street clothes. They are to be useful as needed by the coach and not sit or socialize in other areas. Academics are every athlete's responsibility.
  
- Extracurricular participation is a privilege that includes responsibility to you, your coach/teacher and fellow team members. Together everyone achieves more.....TEAM!!

## **Transportation**

Student athletes will only be transported to games/events when they are immediately right after school. 4:00 games or sooner are the only time a student will be transported. Students will need to be picked up by their parent/guardian.

Students will not have athletic transportation any other time during the weekdays or weekends. It is the parent/guardian responsibility to transport students to / from and home/ away games and practices. We appreciate the continued parent support in this area.

## **Ethics and Code of Conduct for Student Participants**

Everything we say and do should be consistent with the six core ethical values comprising good character, trustworthiness, respect, responsibility, fairness, caring and citizenship.

### **Trustworthiness**

- Act so people can trust you.
- Be honest and tell the truth. Don't cheat or steal.
- Have integrity; stand up for your beliefs. Show commitment and courage.
- Keep your promises. Don't spread rumors or gossip that would hurt others.

### **Respect**

- Treat opponents, teammates, referees, and others with respect and courtesy. Do not use insults, negative cheers, or name-calling to put others down. Be polite.
- Be positive. Help people get better.
- Be on time. Remember your team and coaches are relying on you.
- Treat everyone equally.
- Listen to others. Respect opinions.
- Don't use violence to threaten, push or shove anyone.

### **Responsibility**

- Think before you act. Think about consequences and how your actions can affect others.
- Take responsibility for your choices. Don't blame others for what you do or take credit that doesn't belong to you.
- Set a good example in everything you do.
- Do your best. Make all you do worthwhile!
- Always control yourself. Don't throw things, scream or use foul language.
- Do what you should do even when it is hard or you don't want to.
- Don't brag when we win or complain and make excuses when we lose.

### **Fairness**

- Play fair and with honor.
- Play by the rules.
- Give everyone a fair chance to learn and play.

### **Caring**

- Be kind and caring.
- Think of the team.

### **Citizenship**

- Obey the rules. It is unfair for some to play by the rules while others don't.
- Listen to your coaches, referees and parents.
- Respect authority.
- Do your share.
- Help your team and community.

## **Ethics and Code of Conduct – Parents/Spectators**

- Parental involvement is essential to the success of our students! Help us maintain a positive environment for the development of our student athletes.
- We expect our fans to model appropriate behavior at all times.
- Heckling, booing, foul language and other derogatory behavior will result in the removal of the individual according to district policy by the official, administrator or board of education members.
- Respect participants, officials, opponents, coaches and other spectators associated with the event.
- Avoid criticism of game officials and sideline coaching which detracts from the performance of the student.
- A ticket to the game is a privilege to observe the contest.
- Learn the rules of the game, so that you may understand the game and appreciate the effort of the participants.
- Remember that the school athletic experience is a learning experience for students and mistakes are sometimes made.

### **Communication with Coaches:**

**Concerns about your student may be expressed during the appropriate time and place.**

**Appropriate concerns for discussion with the coach include: what your child needs to do to improve, mental and physical treatment of your child and aspects of your student's behavior.**

**Concerns that are not appropriate for discussion and must be left to the discretion of the coach include: amount of playing time each athlete is getting, team strategy and play-calling or any situation that deals with someone else's student.**

**Please do not confront coaches before, during, or after a game. You must wait 24 hours before you talk to the coach. These can be emotional times for both parents and coaches. Discussions should not take place in front of other players or spectators. Please feel free to contact the coach at a different time to set up a meeting to discuss any concerns.**

**If the parent feels their concern is not addressed after a scheduled meeting with the coach, the parent should contact the AD/Principal to schedule a meeting. If the issue cannot be resolved at this level, the parent is welcome to schedule a hearing with the superintendent and/or board of education at the next regular scheduled board meeting.**



## Volleyball

Coach: Laura Blaskey 630-553-5435

Coach: Allie Skinner 630-553-5435

- All games begin at 5:00 pm, unless noted differently on schedule.
- Players should attend all practices and games. Please contact the school about any planned absences.
- Players should cooperate with coaches, teammates and school personnel. They should follow directions the first time they are given.
- Uniforms are to be kept clean and in good shape. (Please line dry jerseys.) It is the player's responsibility to have her uniform, shoes, socks, and knee pads ready for every game.
- During games, players should be in the gym, seated with their team cheering on our Newark teams. Always ask permission to leave the gym. We are responsible for knowing where our players are.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High.
- The coaches would appreciate the prompt pick –up of players after practices and games.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))

## **Basketball Boys/Girls**

5<sup>th</sup> – 8<sup>th</sup> Boys Coach: Justin Williams 630-553-5435

5<sup>th</sup> – 8<sup>th</sup> Girls Coach: Justin Williams 630-553-5435

- All games begin at 5:00 pm, unless noted differently on the schedule.
- Please be on prompt and on time for practices and games.
- A note is needed if you are going to miss a practice or a game. If you are excused from school, the office will let me know. Intentionally missing practices/games will result in reduced playing time. Please contact me if you have to miss a practice or game.
- No horse play. We can have fun at practices without horseplay.
- Everyone likes to play in games, not everyone likes to practice. If you do not participate in practice, you will not participate in the game.
- During non-conference games everyone will see playing time as equal as possible. We also try to schedule “C” games for extra playing time on the 5/6 level.
- During conference and tournament games we will have playing times in order to give us the best chance to win.
- During non-conference games, players will be moved up or down levels as needed.
- The coaches would appreciate the prompt pick –up of players after practices and games.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents’ help for the concession stand. Please consider helping out. As parents you are an important part of your athlete’s development and automatically a sports booster’s member. Your time helps purchase uniforms and equipment.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))

## Soccer

5<sup>th</sup> – 8<sup>th</sup> Coach: Kelly DeGarmo 630-553-5435

- Please be on prompt and on time for practices and games.
- All soccer games begin at 4:00, unless indicated differently on the schedule.
- A note is needed if you are going to miss a practice or a game. If you are excused from school, the office will let me know. Intentionally missing practices/games will result in reduced playing time. Please contact me if you have to miss a practice or game.
- No horse play on the bus or during practice. We can have fun at practices without horseplay.
- Everyone likes to play in games, not everyone likes to practice. If you do not participate in practice, you will not participate in the game.
- On a day when there is no school or heat index day, there is no practice.
- The coaches would appreciate the prompt pick –up of players after practices and games.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High.
- Water bottles are encouraged for practices and games.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))

## **Cheerleading**

5<sup>th</sup> – 8<sup>th</sup> Coach: Katie Bedford 815-695-5143

- Uniforms will be provided. You will have to provide Royal Blue Bloomers for under the girl's skirt. (Available at Steven's Athletic in Yorkville for \$9.95).
- Socks must be white and no higher than the ankle.
- Plain white gym shoes must be worn.
- Hair pulled back in a ponytail.
- Practice attire: gym shorts, t-shirt, gym shoes, and hair in pony tail.
- Practice schedule will be provided. All Practices will be at Newark Grade School.
- Please pick up your daughter promptly after practices and games. There is no school transportation provided.
- Cheerleaders are expected to attend every practice and game. Missing more than one practice a week will result in not cheering at the next game
- All cheerleaders need to be in the gym (home or away) and ready to cheer at least 20 minutes before the start of the game.
- All games will begin at 5:00 pm this year unless otherwise noted on the schedule.
- Bickering, fighting, name-calling among teammates will not be tolerated.
- Cheerleaders will be allowed to tumble and do cheerleading mounts only after the coach teaches the proper techniques and training.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High.
- Water bottles are encouraged for practices and games.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))

## Track

5<sup>th</sup> – 8<sup>th</sup> Coach: Laura Blaskey (630-553-5435 or lblaskey@ngsd66.org)

- You are to show up to all practices and meets. You made the choice to be on this team, therefore I expect you to show the commitment.
- Be on time.
- Players should respect coaches, teammates, opponents, equipment, officials, and fans. They should follow directions the first time they are given.
- Uniforms are to be kept clean and in good shape. It is the player's responsibility to have his/her uniform, shoes, socks, and ready for every meet.
- During meets athletes should be seated close to the team. Always let me know where you are. We are responsible for knowing where our players are.
- Behavior at meets should always reflect positively. You are representing Millbrook Junior High.
- The coaches would appreciate the prompt pick –up of players after practices and meets.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))
- Most importantly, have fun!

## Scholastic Bowl

7<sup>th</sup>/8<sup>th</sup> Coach: Norman Lee 630.553.5435

- We encourage attendance at practices. Please be sure you are able to pick up your student promptly by 4:15 pm. Please let me know if you will not be able to attend practice.
- Participants will be expected to wear clean, khaki pants or jeans, providing there are no holes in them when we attend meets. We have team shirts.
- We expect our students to represent our school in a positive manner at all meets for this activity. The academic coach will monitor student behavior at each meet. Inappropriate behavior will lead to disciplinary measures based on the discretion of the coach.
- Student should not have Notes of Concern or detentions for poor behavior
- 7<sup>th</sup> grade sets up and can leave after their meet which begins promptly at 4:00
- 8<sup>th</sup> grade helps to clean up and can leave after everything is put away.
- Each meets lasts approximately 45 – 50 minutes.
- Parents/spectators are welcome and encouraged.
- No cell phones for students. Parents please shut off or silence the ringer.
- No gum
- No applauding until after the match is over.
- Once the match has begun, the door will be closed until after the two-minute half-time break.
- There is a five –minute intermission between matches.
- Please pack an extra snack for your student after school.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. ([www.newarkdistrict66.org](http://www.newarkdistrict66.org))

## **Directions to Schools**

**AURORA CHRISTIAN – 2255 Sullivan Road, Aurora, IL.**

Rte. 71 to Orchard Rd.. Turn left, continue on Orchard Rd. to Sullivan Rd.. Turn right, continue on Sullivan Rd. to Bowman St.. Turn left, the school is on the right.

**BIG ROCK – Rte. 34 West in Plano. Turn right on Little Rock Rd. ( near Wal-Mart). The road curves around. Continue on Little Rock Rd./Granart Rd. through 2 stop signs. After JerichoRd. go over the small bridge and turn left on Rhodes Ave.. Continue to Rte. 30. Turn right, the school is on the left.**

**CROSS LUTHERAN – 8535 Route 47**

Rte. 71 to Walker Rd. Turn right, continue on Walker Rd. to Rte. 47. Turn left, continue on Rte. 47 to Ament Rd. Turn left, the church/school is on the left.

**EARLVILLE –415 W. Union Street, Earlville, IL.**

Rte. 34 West in Sandwich, continue through Somonauk and Leland. Turn right on 1251st St./Ottawa St.. Continue to W. Union St.. Turn left, the school is on the left.

**GRAND RIDGE GRADE SCHOOL – 400 West Main Street, Grand Ridge, IL. – Route 23S/ IL-23 South to Main Street. (School is on corner of 23 and Main St.)**

**HARDING – Rte. 71 to Rte. 52. Turn right on Rte. 52. Continue through Serena to the intersection of Rte. 52 & 23. Turn right onto Rte. 23. Continue 1 ½ miles to Harding Rd. Turn left, the school is on the right.**

**HINCKLEY – Somonauk Rd to Rte. 30 in Hinckley. Turn right, the school is on the left. OR, take N. Latham St. out of Sandwich to Rte. 30 in Hinckley. Turn left, the school is on the right.**

**ICS – (Immaculate Conception School 505 E. North St.)**

Take Rte. 47 south to Morris. Turn left on North St.. The parking lots are on Pine and Price Streets.

**LELAND – Rte. 34 West in Sandwich through Somonauk. Turn right at Leland sign. Continue**

to the “T” intersection. Turn right, the school is on the left, past the down town area.

**LISBON – 127 S. Canal St**

Newark Rd to Lisbon Rd. Turn right. Continue through Helmar, to Rte. 52. Turn right on Rte. 52. Continue on Rte. 52 and at the curve, GO STRAIGHT on Lisbon Rd.. Continue to N. Canal St, the school is on the left.

**MARSEILLES – (201 Chicago St)**

Rte. 71 to Marseilles Rd.. Turn Left. Continue about 8 miles. At stop sign, cross over Rte. 6, continue on Main St. to Broadway St.. Turn left. Continue on Broadway St., the school is on the right.

**MILTON POPE – Rte. 71 South to County Line Rd.. Turn left, continue to Rte. 52. Turn right, continue on Rte. 52 to E. 29th Rd/Seneca Rd.. Turn left, continue on Seneca Rd. (watch for Milton Pope School Sign) to N. 32nd Rd. Turn right, the school is on the left, E. 28th Rd..**

**MINOOKA – 400 Coady Drive, Minooka- Rte. 71 to Rte. 52. Turn left. Cross over Rte. 47, continue to Ridge Rd.. Turn right, continue to McEvelly Rd.. Turn left, the school is on the left.**

**NETTLE CREEK – 8820 N. Scott School Road, Morris, IL  
Townhouse Rd. to Rte. 52. Turn left on Rte. 52 and then right on  
Townhouse Rd.. Continue to Minooka Rd.. Turn left, continue to Scott School Rd.  
( Tall PineTrees). Turn right, continue on Scott School Rd.. The school is on the  
left.**

**OSWEGO THOMPSON – Rte. 71 East to Rte. 34 in Oswego. Continue on Rte. 34 to  
Boulder Hill Pass. ( across from the golf course) Turn left, the school is on the  
right.**

**OSWEGO TRAUGHBER – Rte. 71 East to Washington St. in Oswego. Turn left,  
continue to Franklin St.. Turn right, the school and parking lot are on the right.**

**INDIAN CREEK – Rte. 34 West in Sandwich to Somonauk Rd.. Turn right, continue  
to Chicago Rd.. ( red blinking light) Turn left, continue to Rte. 23. Turn right,  
continue to Preserve Rd..  
Turn left, continue to S. Elm St.. Turn right, the school is on the left.**

**PARKVIEW CHRISTIAN – 201 W. Center Street, Yorkville – 47 North to Center  
Street – turn left**

**PAW PAW JR. HIGH – 511 Chapman Street, Paw Paw – Fox River Drive to  
Griswold Springs turn left. Take a right onto Little Rock Road. Turn left on Creek  
Road. Turn left on Galena Road. Continue on Chicago Road stay left. Turn left  
onto Chapman Street.**

**RUTLAND – Rte. 71 South through Norway. Continue on Rte. 71 and just past  
Wedron Blacktop, the school is on the right.**

**SANDWICH DUMMER – N. Johnson St. to Fox River Dr.. Continue on Fox River  
Dr. to Vine St.. Turn right. Continue to Bridge St.. Turn left, go over the bridge,  
continue on Millington Blacktop/County Line Rd. to Lions Rd.. Turn left, continue  
on Lions Rd. to Wells St.. Turn right, the school is on the right.**

**SARATOGA CCSD 60C – 4040 N. Division St., Morris – Route 47 South**



**SERENA – Rte. 71 to Rte. 52. Turn right, continue on Rte. 52 to Serena Fire Dept.. Turn right, the school is on the right.**

**SHABBONA – MORRIS - 725 School Street - Rte. 47 to Rte. 6. OR (Lisbon Rd. to Rte. 6) Turn left on Union St. Take first Right – school is on the left.**

**SHERIDAN – Rte. 71 to N. 41st Rd. or Bowen Rd.. Turn right, continue to Sheridan. The school is on the left. The Sheridan Library is on the right.**

**SOMONAUK – Johnson St. to Fox River Dr.. Continue on Fox River Dr. to Vine St.. Turn right. Continue to Bridge St.. Turn left, go over the bridge, continue on Millington Blacktop/County Line Rd. to Rogers Rd.. Turn left, continue on Rogers Rd. to E. 29th Rd.. Turn right. Continue on E. 29th Road to County Line Rd. or N. 48th Rd.. Turn left, continue on LaSalle Street in Somonauk. The school is on the right**

**ST. MARY'S (Plano) - Rte. 71 to Millbrook Rd.. Turn left, continue to Fox River Dr. Turn right, continue to Rte. 34 in Plano. Go straight to Abe St.. Turn right, continue to Center St.. Turn left, continue on Center St, the school is on the left.**

**WALLACE – 1463 N. 33<sup>rd</sup> Road - Rte.71 to Rte. 52. Turn right, continue on Rte. 52 to Rte. 23. Turn left, continue on Rte. 23. Stay on Rte. 23 to Ottawa. After Pittstick Pavilion watch for the Wallace/Waltham sign. Turn right, the school is on the right.**

**WALNUT TRAILS ELEMENTARY – Rte. 71 to Walker Rd. Turn right, continue on Walker Rd. to Rte. 47. Turn right, continue on Rte. 47 to E. Rte. 52. Turn left, continue on E. Rte. 52 to Wynstone Dr. Turn right, continue on Wynstone Dr. for ½ mile. The school is on the right.**

**WALTHAM – Interstate 80 to exit 81- Rte. 178. Turn left, continue south on Rte. 178 to Utica. After the railroad tracks Waltham South is at the bottom of the hill. As Rte. 178 takes a sharp turn to the left, go past the school and turn right at the next stop sign. Go one block and turn right at Duffy's. Do not cross the canal. Continue down the block and turn right at the school.**