

**Individual Health Care Plan (IHCP)
Food Allergy/Anaphylaxis**

Confidential

IHCP for _____ Allergies _____

PROBLEM: Risk for anaphylaxis

GOAL: prevent allergic reaction from occurring and ensure student's safety at school

Parent (please answer the questions below):

Does your child require an allergen-free eating area?
Yes___ No___

Does your child require an allergen-free classroom? Yes___ No___

I would like to accompany my child on field trips.
Yes___ No___

My child's Benadryl/Epi-Pen must be with his teacher or other anaphylaxis-trained chaperone during all field trips.
Yes___ No___

My child must wash hands with soap and water or use a cleansing wipe before eating.
Yes___ No___

Students in the classroom should be encouraged to wash their hands upon arrival to school and after eating lunch.
Yes___ No___

I will provide a shelf-stable allergen free snack that will be available
Yes___ No___

Please list other accommodations needed at school: _____

Teacher Responsibilities:

- Ensure a student with a suspected allergic reaction is accompanied by an adult at all times.
- Keep a copy of the student's Emergency Action Plan and IHCP in the classroom sub folder.
- Inform parents of the allergic student in advance of any in-class event where food will be served, if possible.
- Ensure that food or products containing the student's allergens are not used for class projects, science experiments, or celebrations.
- If the parent of a student with a food allergy is not attending a field trip, the student will be assigned to a staff member who has been trained to implement the Emergency Action Plan and is carrying the emergency medication.
- Plan for the following on field trips:
 1. Oversee cleaning table before student with allergy eats
 2. Ensure student with allergy washes hands before eating
 3. Ensure student with allergy eats only allergen free food
 4. Carry cell phone to call 911 if necessary
 5. Review Emergency Action Plan before field trip
 6. Implement other accommodations as described

Principal Responsibilities:

- Ensure there are communication devices (cell phones, walkie-talkies) available to playground staff
- Conduct emergency response drills for allergic reactions to food at the beginning of the school year
- Delegate proper cleaning of the allergen free area in the lunchroom and classroom (when classroom is used as the lunchroom)
- Prohibit sharing or trading food at school
- Encourage students to bring healthy snacks to school and avoid bringing snacks made with peanuts or nuts.
- Ensure student has an allergen-free area available in the lunchroom if parent indicated an allergen-free area is needed

School Nurse Responsibilities:

- Educate all staff who interact with student about food allergy symptoms and the steps required to implement the Emergency Action Plan. Review emergency procedures with classroom teacher prior to field trips as needed.
- Assist principals with emergency response drills for allergic reactions to food
- Ensure access to emergency medication when developing plans for fire drills, lockdowns, etc.
- If student rides the bus, provide a copy of the Emergency Action Plan to the bus driver
- A copy of the student's emergency Action Plan and IHCP will be distributed on a need to know basis

This Individual Health Care Plan has been reviewed and signed by:

Parent Signature

Date

*The Emergency Action Plan and IHCP will be distributed to staff on a need to know basis.
A copy of the emergency Action Plan will be given to the bus driver if the student uses bus transportation.*